

INTERNATIONAL JOURNAL OF EDUCATION, PSYCHOLOGY AND COUNSELLING (IJEPC)

www.ijepc.com



A REVIEW OF TEACHING AND LEARNING APPROACHES FOR UNIVERSITY ART STUDENTS: TRENDS, CHALLENGES, AND OPPORTUNITIES

Nasaie Zainuddin^{1*}, Muhammad Hisyam Zakaria², Asliza Aris³

- Department of Fashion Design, Faculty of Art and Design, Universiti Teknologi MARA, 40450 Shah Alam, Selangor, Malaysia
 - Email: nasaie@uitm.edu.my
- Department of Fashion Design, Faculty of Art and Design, Universiti Teknologi MARA, 40450, Shah Alam, Selangor, Malaysia
 - Email: mdhisyam@uitm.edu.my
- Department of Fashion Design, Faculty of Art and Design, Universiti Teknologi MARA, 40450, Shah Alam, Selangor, Malaysia
 - Email: arisasliza@uitm.edu.my
- * Corresponding Author

Article Info:

Article history:

Received date: 27.05.2025 Revised date: 16.06.2025 Accepted date: 11.08.2025 Published date: 23.09.2025

To cite this document:

Zainuddin, N., Zakaria, M. H., & Aris, A. (2025). A Review Of Teaching And Learning Approaches For University Art Students: Trends, Challenges, And Opportunities. International Journal of Education, Psychology and Counseling, 10 (59), 1109-1115.

DOI: 10.35631/IJEPC.1059081

Abstract:

With an emphasis on contemporary trends, enduring difficulties, and new opportunities in higher education, this study provides an extensive analysis of teaching and learning strategies for university art students. The review looks at important pedagogical frameworks such studio-based learning, digital pedagogy, and interdisciplinary practices, based on findings from 20 peerreviewed journal papers. The analysis shows how technology is being used more and more in art education, how inclusive and student-centered pedagogies are becoming more and more in demand, and how crossdisciplinary collaboration can help students develop their creative problemsolving abilities. Limited access to facilities and resources, the difficulty of evaluating creative work, and the continuous conflict between promoting artistic expression and upholding academic norms are some of the difficulties noted. The paper offers evidence-based suggestions for improving the calibre, availability, and applicability of art education in higher education by combining these ideas. The results add to more general conversations about how to modify art education to satisfy students in the twenty-first century while maintaining its artistic and cultural integrity.

This work is licensed under <u>CC BY 4.0</u>



Keywords:

Art Education, Teaching Approaches, Studio-Based Learning, University Students, Interdisciplinary

Introduction

Over the past 20 years, technological innovation, globalisation, and changing pedagogical philosophies have all contributed to a significant transformation in university-level art education (Eisner, 2002; Hetland et al., 2013). With a variety of art and design programs that strike a balance between traditional studio techniques and modern teaching methods, Malaysian institutions have been instrumental in forming the workforce of the creative industry (Ismail & Hussin, 2020). Students can now experiment with new mediums and modes of expression thanks to the expansion of artistic practice brought about by the integration of digital tools, virtual learning environments, and cross-disciplinary collaboration (Rolling, 2016). But there are drawbacks to these advancements as well. Among the challenges faced by art educators are promoting inclusivity in a variety of learning settings, guaranteeing fair access to technology, and balancing artistic freedom with academic evaluation standards (Gauntlett & Thomsen, 2013; Sweeny, 2017). Additionally, it is still difficult to strike a balance between the demands of outcome-based education frameworks and the immersive, hands-on nature of studio-based learning (Sawyer, 2011). In light of these difficulties, the purpose of this review is to investigate how art students are now taught and learn, with an emphasis on new developments, enduring problems, and possible areas for improvement. The study aims to offer suggestions that encourage pedagogical innovation while maintaining the cultural and creative integrity of art education by synthesising insights from contemporary literature and placing them within Malaysia's higher education environment.

Literature Review

There are five areas that have been discussed, focusing on studio-based learning, digital pedagogy, interdisciplinary and community-engaged practices, challenges, and opportunities.

Studio-Based Learning

A fundamental component of art education, studio-based learning encourages creativity, critical thinking, and the development of practical skills. Research by Nyboer et al. (2024) and Self and Baek (2017) emphasises the value of iterative design processes and group critique in developing artistic competency.

Digital Pedagogy

Digital tool integration has revolutionised art education by providing access to a variety of resources and facilitating remote collaboration. While Zhang et al. (2025) suggest AI-enhanced transdisciplinary frameworks to increase creative possibilities, Hameed and Mimirinis (2024) highlight the importance of digital reflective practice in improving student engagement.

Interdisciplinary and Community-Engaged Practices

Students are encouraged to make connections between art and other subjects like science, technology, and social studies through interdisciplinary techniques. Such methods can promote cultural relevance and creativity, as shown by Mat et al. (2023) and Bonsu et al. (2024), while community-engaged initiatives offer learning environments that are grounded in reality.

Challenges

Notwithstanding progress, there are still issues facing art education, such as the necessity to strike a balance between established methods and new digital practices, the lack of money for studio supplies, and the difficulty of objectively evaluating creative work. Additionally, curricula must emphasize representation and diversity.

Opportunities

Increasing multidisciplinary collaboration, implementing more technology-enhanced learning, and creating evaluation methods that place equal emphasis on process and product offer opportunities. Developing closer ties with the community and business partners can help improve the educational process.

Methodology

To synthesize research on teaching and learning strategies among university art students, this study uses a narrative literature review technique. According to Green et al. (2006), narrative evaluations are especially well-suited for spotting patterns, conceptual advancements, and thematic breakthroughs in a field. Peer-reviewed journal publications published between 2005 and 2025 are the main focus of the review, guaranteeing both historical context and current relevance. There are three research objectives in this study:

- 1) RO1: To examine current methods of instruction and learning for art students in higher education.
- 2) RO3: To investigate the difficulties that art teachers and students encounter, such as evaluation, resource limitations, and striking a balance between tradition and innovation.
- 3) RO4: To investigate ways to improve art education through business partnerships, inclusive pedagogy, and technological integration.

In addition, there are three research questions in this study:

- 1) RQ1: Which methods of instruction and learning are most popular in university-level art education right now?
- 2) RQ3: What are the main obstacles that instructors and students in art programs at the university level face?
- 3) RQ4: How can art education be enhanced by utilising technology, interdisciplinarity, and industry collaboration?

Sources of Information and Search Methods

Using a narrative literature review methodology, this study concentrated on peer-reviewed book chapters and journal articles released between 2005 and 2025. Using terms like "university art students," "studio-based learning," "digital pedagogy in art education," and "interdisciplinary art education," the search was carried out using Scopus, Web of Science, and Google Scholar.

Including and Not Including Standards

Studies that were cantered on art and design programs at higher education institutions were included that offered conceptual or empirical insights regarding teaching methods. In addition, it is associated with multidisciplinary, digital, or studio-based teaching methodologies. Research that did not clearly address teaching and learning methods or that only addressed art education in elementary or secondary school was disqualified.

The following requirements must be completed for inclusion:

- 1) peer-reviewed journal articles or conference papers;
- 2) studies on higher education in art and design; and
- 3) publications discussing teaching and learning strategies.

Exclusion criteria include:

- 1) primary/secondary education studies;
- 2) publications written in languages other than English; and
- 3) papers that don't specifically address education.

Analysis of Data

There were twenty peer-reviewed articles in all. Thematic analysis was used to find trends, obstacles, and possibilities in the data (Braun & Clarke, 2006). The articles were divided into themes, including opportunities, difficulties, interdisciplinarity, digital pedagogy, and studio-based learning.

Finding and Discussion

Three main pedagogical trends influencing art teaching in colleges and other similar establishments were found in the review:

Pedagogical trends

There are three main pedagogical trends identified. the first one is evolving studio-based learning, digital pedagogy. the second is digital pedagogy and technological integration. the last one is interdisciplinary and community-engaged practices.

Evolving Studio-Based Learning

Although studio-based learning is still important, its structure is changing. Iterative design methods, collaborative critique, and hybrid physical-digital settings are all becoming more and more integrated in modern studios (Nyboer et al., 2024). These areas promote peer learning and a culture of constructive criticism in universities; however, accessibility for all students is still limited by budget constraints.

Digital Pedagogy and Technological Integration

Creative possibilities have increased with the use of digital tools, including virtual reality, AI-driven design platforms, and collaborative online studios (Zhang et al., 2025). There is still a digital divide, with certain students not having consistent access to high-end hardware or software, even though digital reflective practice has been demonstrated to improve critical thinking (Hameed & Mimirinis, 2024).

Interdisciplinary and Community-Engaged Practices

Students' skill sets have been expanded by cross-disciplinary collaborations, especially those that connect art with science, technology, or cultural studies (Mat et al., 2023). Through community engagement initiatives in Sabah and other areas, students have been able to create socially meaningful design solutions, thereby reaffirming the cultural significance of art in society.

Challenges Identified

There are three challenges identified. The first one is an assessment of complexity. There are conflicts between appreciating the process and the final product when evaluating creative work, which makes evaluations subjective (Rowe, 2024). The second one is resource gaps. The regularity of learning opportunities is impacted by a lack of financing, studio space, and equipment. The last one is balancing tradition and innovation. There are educational challenges when maintaining traditional approaches while implementing contemporary ones (Douglas & Jaquith, 2009).

Opportunities and Advancement

There are three opportunities for advancement, which are technology-enhanced collaboration. University students can interact with classmates from across the world by increasing their use of online collaborative tools. The second one is inclusive pedagogy. Ensuring that all students gain equally from resources can be achieved by using diversity and accessibility principles. The last one is industry partnerships. According to Ismail and Hussin (2020), fostering stronger ties with the creative industries can improve employability and close the gap between academia and the workplace.

Conclusion

This review emphasises how teaching and learning in art education at the university level are changing dramatically. While still essential, studio-based learning is becoming more and more combined with digital resources and teamwork techniques. For pupils with little resources, digital pedagogy widens the digital gap while simultaneously opening up new creative opportunities. The social and cultural relevance of art education is expanded through interdisciplinary and community-engaged approaches, which also equip students to tackle challenging real-world issues.

There are still issues, nevertheless, such as a lack of resources, complicated evaluation procedures, and conflicts between innovation and tradition. Despite these obstacles, there are many chances to use industrial partnerships, technology-enhanced cooperation, and inclusive teaching methods. In order to maintain the cultural and creative integrity of art education, colleges must embrace teaching models that are cutting-edge, inclusive, and globally relevant. In addition to preparing students for professional practice, these methods will allow them to make significant contributions to society and the creative economy.

Acknowledgments

This research is self-funded. No acknowledgments needed.

References

- Anderson, T., & Milbrandt, M. K. (2005). Art for life: Authentic instruction in art. *Studies in Art Education*.
- Bonsu, F. M., Wragg, N., Phillipson, S., & Waller, C. (2024). Ghanaian graphic design education: Redefining Western influences and reclaiming indigenous cultures. *International Journal of Art & Design Education*.
- Braun, V., & Clarke, V. (2006). Using thematic analysis in psychology. *Qualitative Research in Psychology*, 3(2), 77–101. https://doi.org/10.1191/1478088706qp063oa
- Delacruz, E. M. (2009). Art education aims in the age of new media: Moving toward global civil society. *Studies in Art Education*.

- Denmead, T. (2018). On the concept of youth in art education: A review of the literature. *Studies in Art Education*, 59(1), 55–67.
- Douglas, A. S., & Jaquith, D. B. (2009). Engaging learners through artmaking: Choice-based art education in the classroom. *Studies in Art Education*.
- Eisner, E. W. (2002). The arts and the creation of mind. Yale University Press.
- Freedman, K., Heijnen, E., Kallio-Tavin, M., Karpati, A., & Papp, L. (2015). Visual culture learning communities: How and what students come to know in informal art groups. *Studies in Art Education*.
- Gauntlett, D., & Thomsen, B. S. (2013). Cultures of creativity. LEGO Foundation.
- Green, B. N., Johnson, C. D., & Adams, A. (2006). Writing narrative literature reviews for peer-reviewed journals: Secrets of the trade. *Journal of Chiropractic Medicine*, 5(3), 101–117.
- Hameed, U., & Mimirinis, M. (2024). Digital reflective practice in textile design studio courses: Perspectives from Pakistan. *International Journal of Art & Design Education*.
- Hetland, L., Winner, E., Veenema, S., & Sheridan, K. M. (2013). Studio thinking 2: The real benefits of visual arts education. Teachers College Press.
- Ismail, N., & Hussin, H. (2020). The role of Malaysian art institutions in creative industry development. *Asian Journal of Arts and Design*, 5(2), 45–56.
- Ishii-Bear, S. T. (2024). Feminist pedagogy and student collaboration in open educational practices in the art history classroom. *International Journal of Art & Design Education*.
- Mat, M. F., Leong, S. N. A., & Al-Nahari, N. N. (2023). A discussion on interdisciplinary approach of visual art syllabus in Malaysian higher education. *Journal of Visual Art and Design*, 15(1), 68–84.
- McKenna, S. E. (2014). Theory and practice: Revisiting critical pedagogy in studio art education. *Art Journal*, 58(1), 74–79.
- Mejía, G. M., Xie, Y., Simeone, L., & Tomlin, S. (2024). Strategic design skills in a live project: A case study of a graduate studio course. *International Journal of Art & Design Education*.
- Milbrandt, M. K., Miraglia, K. M., & Zimmerman, E. (2018). An analysis of current research in *Studies in Art Education* and the *International Journal of Education Through Art*. *Studies in Art Education*, 59(1), 39–54.
- Nyboer, J., Winters, T., & Faragallah, R. N. (2024). Observations of contemporary studio learners and implications for pedagogy. *Arts and Humanities in Higher Education*.
- Posthumanist movement art pedagogy: Geolocative awareness and co-figurative agency with mobile learning. (2018). Studies in Art Education, 59(1), 22–38.
- Rolling, J. H. (2016). Reinventing the art curriculum. Art Education, 69(1), 6–11.
- Rowe, A. (2024). A necessary shift in design education: From outputs to outcomes. *International Journal of Art & Design Education*.
- Sawyer, R. K. (2011). Explaining creativity: The science of human innovation. Oxford University Press.
- Sclater, M., & Lally, V. (2018). Interdisciplinary antecedents and distributed studio-based education in networked learning communities. *International Journal of Art & Design Education*.
- Self, J. A., & Baek, J. (2017). Interdisciplinarity in design education: Understanding the undergraduate student experience. *International Journal of Technology and Design Education*, 27(3), 459–480. https://doi.org/10.1007/s10798-016-9355-2
- Teaching creativity in art and design studio classes: A systematic literature review. (2017). Thinking Skills and Creativity.

Sweeny, R. W. (2017). Digital media and art education. *Studies in Art Education*, 58(1), 54–65.

Zhang, J., Wang, H., Miao, T., & Yang, F. (2025). Reimagining art and design education: An AI-enhanced interdisciplinary project-based pedagogical framework. *International Journal of Education and Social Development*, 2(1), 113–116.